



UVA Research Open Forums

Join us for the UVA Research Open Forum Series!

To help keep the UVA Research community updated and gain feedback on future improvements, the Office of the Vice President for Research will host multiple hybrid [Open Forums](#) throughout the year at The Corner Building.

- October 30, 2024: [HRPP](#)
- November 6, 2024: [Research Integrity](#)
- November 13, 2024: [Compliance and Security](#)
- November 20, 2024: [OSP - Pre-Award](#)

 UVA Research

ADVANCING DISCOVERIES

— *and* —

DRIVING INNOVATION

Sparking new ideas, building connections,
and exploring interdisciplinary collaborations.

Presented in partnership with the UVA School of Data Science

Thursday, Nov. 7th | 5pm | 1919 Ivy Road



Human Research Protection **Program (HRPP)**

Kelly Hochstetler, AVP for Research Operations, Compliance & Policy

UPCOMING PROGRAM ENHANCEMENTS

- Executive Director HRPP
- New IRB System Project
- Training & Communications
- Community Hospitals & Riverside
- Reaccreditation

IRB-SBS & IRB-HSR



OBJECTIVES

THE IRB-HSR AND IRB-SBS WILL:

- **DISCUSS NEW IRB STAFFING & CONTACT INFO**
 - **REVIEW IRB BOARD & PROCESS INFORMATION**
 - **PROVIDE TIPS FOR EFFICIENT PROTOCOL**
 - **REVIEW UPDATES & FUTURE PLANS SPECIFIC TO EACH IRB**
-

Institutional Review Board For The Social And Behavioral Sciences

or

(IRB-SBS)



Meet the IRB-SBS



Jeff Monroe

Associate Director

mjm6ny@virginia.edu

- Reliance Agreements
- Determinations
- Law, Medicine, Education



Sandy Gardner

Assistant Director

slm6Q@virginia.edu

- Psychology
- Darden School of Business
- Nursing



Tara Gaucher

Compliance Analyst

tlg2t@virginia.edu

- Education



Ashley Williams

Compliance Manager

amw9z@virginia.edu

- Undergraduate outreach
- Undergraduate research
- Anthropology
- Sociology
- Engineering



Maizie Jackson

Administrator

- Protocol intake
- File management
- Business processes

Meet the IRB-SBS

Primary Contact Information for the IRB-SBS

URL: <https://hrpp.research.virginia.edu/teams/irb-sbs>

EMAIL: irbsbshelp@virginia.edu

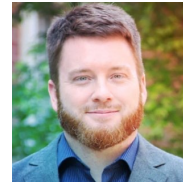
PHONE: 434-924-5999



Tonya R. Moon

Chair IRB-SBS, Professor of
Education

trm2k@virginia.edu



Coby V. Meyers

Vice Chair IRB-SBS, Professor of
Education, Chief of Research

cvm2x@virginia.edu



Bronwyn Blackwood

Director IRB-SBS

blb2u@virginia.edu

How to reach the IRB-SBS staff?

- Email irbsbshelp@virginia.edu
- Leave a voice mail at 434-924-5999
- Schedule a zoom meeting with your pre-reviewer
- Email your pre-reviewer
- Be patient
- You are always welcome to call my number directly at 434-243-2915 and I will return your call as soon as possible.

IRB-SBS Board Composition

- 21 IRB members and alternates
 - 5 Full Board members
 - 16 Alternate members
- Full board meetings are twice a month occurring on the 2nd and 4th Tuesday of the month (except for December)
- Board is made up of scientists, physicians, nonscientific members, and community members
- Meetings take place virtually on zoom
- IRB-SBS has a relationship with a community board called Residents for Respectful Research (R3) under the Public Housing Association of Residents (PHAR)

SUBMISSION NUMBERS FOR IRB-SBS

Total Active Protocols for the IRB-SBS

- 1,554 active studies
 - 921 are exempt
 - 584 are expedited
 - 12 are full-board
 - 37 are reliance agreements

Annual Review of New Studies, Continuations, Modifications

- 1,221 new study submissions
 - 709 new exempt studies
 - 483 new expedited studies
 - 29 new full-board studies
- 652 modifications
- 17 continuations for full-board studies

TIPS FOR EFFICIENT PROTOCOL APPROVALS

In addition to the tips covered by Heather, some additional tips for improving SBS research submissions include:

- Make sure that you don't collect sensitive information unless it is essential for completion of your project.
- Don't collect identifying information unless necessary for your project.
- Work to protect people's identities if it might be possible to deduce some participants in your research project.
- Make sure to present a thoughtful, yet reasonable analysis of risks to your participants.
- Make sure to elaborate on how you will protect participants from any risks resulting from participating in your research project.
- Confidentiality can never be assured for focus groups.
- Make sure to use the terms "confidential" and "anonymous" correctly and consistently in your protocol and on any consents.

HRPP TURN AROUND STATS

Approximate turn around times (based on 2023 numbers, and includes weekends and holidays):

- Exemptions in 18 days
- Expedited in 33 days
- Full board in 51 days

How can researchers improve these times?

- Follow our tips for success
- Respond to our pre-review and board member requirements as soon as possible

Protocol Review and Maintenance



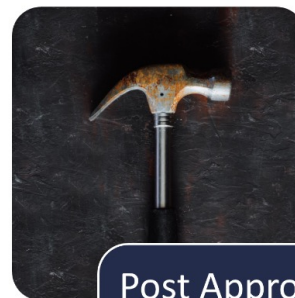
Researcher Training

- CITI Training
- Investigator Agreement



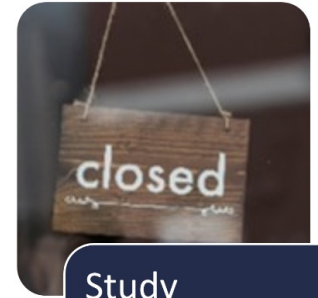
Initial IRB Submission

- Protocol Development
- IRB Approval Process



Post Approval Maintenance

- Protocol Amendments
- Event Reporting



Study Completion

- Closure with IRB
- Record Retention

Protocol Review and Maintenance



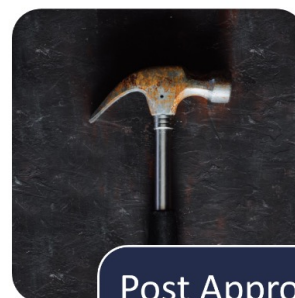
Researcher Training

- CITI Training
- Investigator Agreement



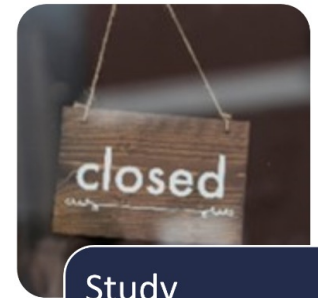
Initial IRB Submission

- Protocol Development
- IRB Approval Process



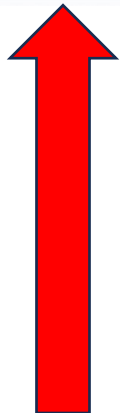
Post Approval Maintenance

- Protocol Amendments
- Event Reporting



Study Completion

- Closure with IRB
- Record Retention



Protocol Review and Maintenance



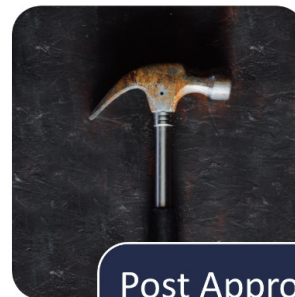
Researcher Training

- CITI Training
- Investigator Agreement



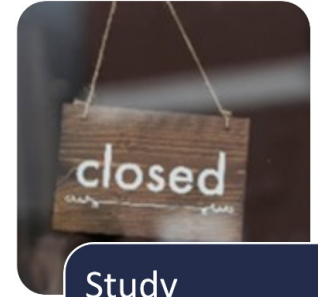
Initial IRB Submission

- Protocol Development
- IRB Approval Process



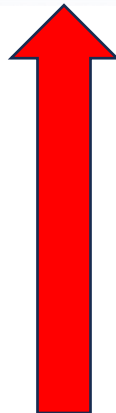
Post Approval Maintenance

- Protocol Amendments
- Event Reporting



Study Completion

- Closure with IRB
- Record Retention



Protocol Review and Maintenance



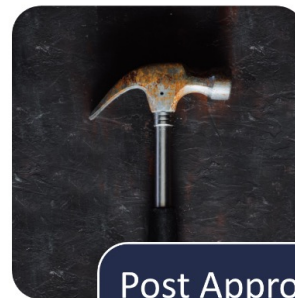
Researcher Training

- CITI Training
- Investigator Agreement



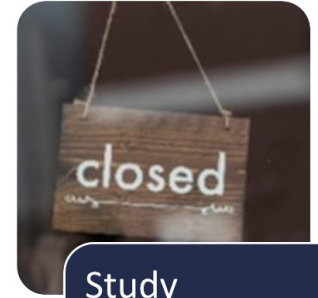
Initial IRB Submission

- Protocol Development
- IRB Approval Process



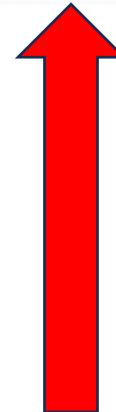
Post Approval Maintenance

- Protocol Amendments
- Event Reporting



Study Completion

- Closure with IRB
- Record Retention



Protocol Review and Maintenance



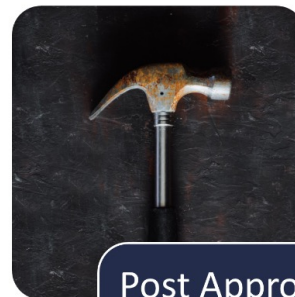
Researcher Training

- CITI Training
- Investigator Agreement



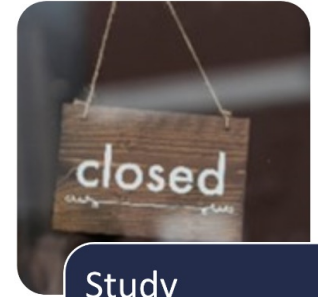
Initial IRB Submission

- Protocol Development
- IRB Approval Process



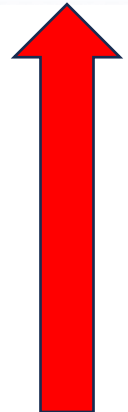
Post Approval Maintenance

- Protocol Amendments
- Event Reporting



Study Completion

- Closure with IRB
- Record Retention



IRB-HSR

**HEATHER FERRERI, MPH, CIP
DIRECTOR, IRB-HSR**



Meet the IRB-HSR



Gregory Townsend, MD
Chair

gct2r@virginia.edu



Stephen Caldwell, MD
Chair Emeritus

SHC5C@uvahealth.org



Lauren Dunn, MD, PhD
Vice Chair

LAK3R@uvahealth.org



Heather Ferreri, MPH, CIP
Director

434-924-3167

uzs6wf@virginia.edu

Sandy Borucki, RN, CIP
Associate Director

434-297-6609

Sab8nj@virginia.edu

Modifications

SAEs/UPs/Deviations



Joanna Faulconer
Associate Director

434-982-1855

Jld6p@virginia.edu

Continuations / IRB #3

Reliance on Non-UVA IRB/sIRB

Non-Engaged, NHSR Determinations



MEET THE IRB-HSR

New Submissions

Sa'Mara Brooks

hph3qa@virginia.edu

Full Board Submissions



Amanda Bibb

acl3q@virginia.edu

Full Board Submissions

Modifications

Exempt Determinations



Mya Sherman, MA, MS

fmq2vz@virginia.edu

Expedited Submissions



Matthew DeHaai

xqj4vs@virginia.edu

Exempt Determinations



Modifications

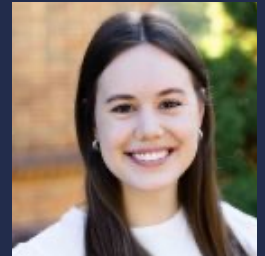
Amber Kofman, MS, MPH

nsa2dq@virginia.edu



Kaylyn Wertz, MA

kaw3bu@virginia.edu



Continuations / IRB #3

Rachel Elrod

dgb4ky@virginia.edu



IRB #1 / Administrative

Beth Lane

kdt2vq@virginia.edu



IRB-HSR RESOURCES

Training

Marina Muchnik

huv9vq@virginia.edu

IRB Compliance

Training Specialist



Protocol Development

Amy Warren, MS CCRC

434-243-4815

alh3p@virginia.edu

Protocol Development

Administrator



Project Management

Andrea Ruhsam

alr8q@virginia.edu

HRPP Project Manager



IRB-HSR FULL BOARD

- **30 IRB MEMBERS ON IRB #1, 17 IRB MEMBERS ON IRB #3. SOME MEMBERS SERVE ON BOTH IRB #1 & IRB #3.**
- **FULL BOARD MEETINGS ARE TWICE A MONTH FOR BOTH IRB#1 & IRB #3 (EXCEPTION: ONLY ONE MEETING IN DECEMBER)**
- **BOARD IS MADE UP OF SCIENTISTS, PHYSICIANS, NONSCIENTIFIC MEMBERS, AND COMMUNITY MEMBERS**
 - **MEETINGS TAKE PLACE VIRTUALLY ON ZOOM**



HOW TO REACH THE IRB-HSR STAFF?

- **IRB Zoom Office Hours. Sign up on the IRB-HSR website**
- **Email! IRBHSR@virginia.edu or check staff directory**
- **Call! Leave a voice mail if needed**
- **Be patient**



NUMBERS / VOLUME OF SUBMISSIONS

For IRB-HSR (does not include IRB-SBS)

- ~4,000 active studies
- 500 are full-board
- 1450 are exempt
- 1050 are expedited
- 800 are CIRB
- 50 are multi-site sIRB

Annually

- New FB studies: ~100
- New Expedited Studies: ~100
- New Exempt Studies: ~300
- New Modifications: ~600
- Continuations: ~950

NUMBERS: TURNAROUND TIMES

APPROXIMATE TURN AROUND TIMES (BASED ON 2023 NUMBERS, AND INCLUDES WEEKENDS AND HOLIDAYS):

- **EXEMPTIONS IN 18 DAYS**
- **EXPEDITED IN 33 DAYS**
- **FULL BOARD IN 51 DAYS**

HOW CAN RESEARCHERS IMPROVE THESE TIMES?

- **FOLLOW OUR TIPS FOR SUCCESS**
- **RESPOND TO OUR PRE-REVIEW AND BOARD MEMBER REQUIREMENTS ASAP**



TIPS FOR EFFICIENT PROTOCOL APPROVALS

- **A lot of our studies in our queue are “pending resolution”, which means that we have conducted the administrative review and have asked for clarifications or updates to the study and have yet to received the requested materials.**
 - **Respond to email communication**
 - **Submit all necessary documents including all supporting documents: telephone script, email template, letters of support, data collection instruments (surveys/questionnaires), user’s manual, etc.**
 - **Make sure documents are consistent (protocol, consent form, application)**
 - **Answer Protocol Builder questions correctly, so that the sections that need to be completed populate and all necessary ancillary reviews are completed.**
 - **Make sure all CITI training is complete and current.**

TIPS FOR EFFICIENT PROTOCOL APPROVALS

- **Use lay language as much as possible in the consent form (6th-8th grade reading level).**
- **Provide complete responses with details (who, what, when, where, how, & why). Ask someone with no familiarity with the study if things make sense.**
- **Proofread your submission thoroughly.**
- **Don't argue unnecessarily**

THANK YOU!



QUESTIONS? & FEEDBACK

If we shield
ourselves from all
feedback, we
stop growing

- Brené Brown

Heather Ferreri, MPH, CIP

434-924-3167

uzs6wf@virginia.edu





AAHRPP Reaccreditation

ASSESSMENT OF THE HRPP

What is AAHRPP?

The Human Research Protection Program (HRPP) at UVA is *due for reaccreditation* by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). This reaccreditation is essential to maintain the institution's commitment to high standards of ethical research and participant protection.



An independent, non-profit accrediting body, AAHRPP uses a voluntary, peer-driven, educational model to ensure that HRPPs meet rigorous standards for quality and protection. To earn accreditation, organizations must provide tangible evidence—through policies, procedures, and practices—of their commitment to scientifically and ethically sound research and to continuous improvement.



What is the *Value* of AAHRPP Accreditation?

The Human Research Protection Program (HRPP) at UVA is *due for reaccreditation* by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). This reaccreditation is essential to maintain the institution's commitment to high standards of ethical research and participant protection.

The primary purpose of AAHRPP accreditation is to strengthen protections for research participants. Each accreditation advances that objective and helps build public trust and confidence in research. The benefits of AAHRPP's comprehensive approach *extend beyond participants to the research enterprise as a whole*. Perhaps the greatest value is to those organizations that earn the privilege of displaying the AAHRPP seal. For them, attaining AAHRPP accreditation has proved to be both the right and the smart thing to do. *The vast majority find that AAHRPP accreditation provides an excellent return on their investment*. Equally important, the value of AAHRPP accreditation endures and is reinforced through reaccreditation.



Who is AAHRPP reviewing as part of UVA's HRPP?

The Human Research Protection Program (HRPP) at UVA is *due for reaccreditation* by the Association for the Accreditation of Human Research Protection Programs (AAHRPP). This reaccreditation is essential to maintain the institution's commitment to high standards of ethical research and participant protection.

The accreditation process takes a broad view of the program and covers the entire HRPP at an institution.

This includes higher administration (President, VPR office), researchers, IRB's (IRB-HSR and IRB-SBS), Office of Sponsored Programs, SOM Clinical Trials Unit, additional compliance committees/ offices including radiation safety, scientific pre-review committees, investigational drug services, etc.



PROJECTED TIMELINE FOR AAHRPP



PREPARING FOR AAHRPP

What changes can you expect to see in the IRB?

We are working to align the process for the IRB-HSR & IRB-SBS as part of our unified Human Research Protection Program.

We are really trying to be thoughtful in bringing these two sides of the IRB (medical and non-medical) together into a more cohesive program to make it easier for study teams and researchers to navigate the processes here at UVA.



PREPARING FOR AAHRPP

Where can I learn more?

Please [visit our website](#) to stay informed about the AAHRPP Reaccreditation process.

The screenshot shows the website for the Office of the Vice President for Research, Human Research Protection Program (HRPP) at the University of Virginia (UVA). The page features a navigation bar with links for 'About', 'Teams', 'Resources', 'CITI Training', and 'OVR'. A search bar is located in the top right corner. The main heading is 'Human Research Protection Program (HRPP)'. Below the heading, there is a paragraph explaining the program's mission: 'The research community at the University of Virginia (UVA) recognizes the immense contribution that human subjects provide the research initiative. The Human Research Protection Program advocates for human subjects in research by working in concert with UVA researchers to ensure that they have the education and tools they need to work ethically with participants in their research studies. UVA's Institutional Review Board (IRB) & Post-Approval Monitoring (PAM) offices work with the other HRPP partner offices to ensure that compliance with federal regulations and ethical principles create research environments that are proactively protecting participants as researchers achieve their research goals.' A link is provided to 'Learn more about the upcoming AAHRPP Reaccreditation Process for UVA's HRPP (behind Netbadge)'. Three buttons are visible: 'Education & Training', 'HRPP Standard Operating Procedures', and 'Post Approval Monitoring'. At the bottom, two boxes are shown: 'IRB for Health Sciences Research' and 'IRB for Social and Behavioral Sciences'.

UVA Office of the Vice President for Research Human Research Protection Program

About + Teams + Resources + CITI Training OVR SEARCH

Office of the Vice President Research

Human Research Protection Program (HRPP)

The research community at the University of Virginia (UVA) recognizes the immense contribution that human subjects provide the research initiative. The Human Research Protection Program advocates for human subjects in research by working in concert with UVA researchers to ensure that they have the education and tools they need to work ethically with participants in their research studies. UVA's Institutional Review Board (IRB) & Post-Approval Monitoring (PAM) offices work with the other HRPP partner offices to ensure that compliance with federal regulations and ethical principles create research environments that are proactively protecting participants as researchers achieve their research goals.

[Learn more about the upcoming AAHRPP Reaccreditation Process for UVA's HRPP \(behind Netbadge\)](#)

Education & Training HRPP Standard Operating Procedures Post Approval Monitoring

IRB for Health Sciences Research IRB for Social and Behavioral Sciences

POST APPROVAL MONITORING & EDUCATION

**JANE LEHMBECK, BSN, CCRC, CIP
DIRECTOR, POST APPROVAL MONITORING & EDUCATION PROGRAM**

**STEPHANIE KEISTER, ED.D., MS
POST APPROVAL MONITOR & EDUCATOR, IRB-SBS**



WHAT IS POST APPROVAL MONITORING?

- The HRPP Post Approval Monitoring & Education (PAM & Ed) program was initiated in 2002 and is managed by PAM & Ed groups in the IRB-HSR and IRB-SBS
- The purpose of the PAM & Ed program is to protect research participants and provide on-going support for investigators as they conduct human subject research
- The program provides internal oversight and ensures compliance with federal, state, local and institutional regulations



POST APPROVAL MONITORING & EDUCATION



Jane Lehmbek, RN, BSN, CCRC,
CIP
Director PAM & Ed
jff7c@virginia.edu



Stephanie Keister, Ed.D., MS
Post Approval Monitor & Educator
IRB-SBS
qda4md@virginia.edu



Elaine Dube, BS, CCRP, CIP
Manager PAM & Ed
IRB-HSR
ed7y@virginia.edu

SOM CTU Educators

Katie Rea, RN, MSCR, CCRC
Clinical Research Manager
kaw3j@virginia.edu

Amy Smith, BS, MSHS Certificate
Research Education Coordinator
ajb6bb@virginia.edu

PAM WORKING GROUP (IRB-HSR)

The PAM Working Group is a collaborative group of research professionals at UVA who evaluate and discuss Post Approval Monitoring review findings of the studies audited.

- The group meets on the second Wednesday of each month and reviews all PAM audits completed the previous month.
- The group helps with corrective actions and reporting when needed and may make additional recommendations to those noted in the PAM report.

Members:

- Research Compliance Monitors (PAM Director & Manager)
- SOM CTU Educators, Director and Assistant Director
- Associate VP for Research Operations, Compliance & Policy
- IRB-HSR Director



IRB PAM ADVISORY COMMITTEE (IRB-HSR)

The IRB PAM Advisory Committee (IRB-HSR) members provide a secondary review of the PAM audit findings and make the final determination regarding protocol deviations, reporting requirements and corrective action plans when required.

- The committee meets at the end of each month
- They review all PAM audits completed the previous month as well as the meeting minutes/recommendations from the PAM working group
- The IRB PAM Advisory Committee may refer studies to the IRB-HSR Full Committee if needed

Members:

- Research Compliance Monitors (PAM Director and Manager)
- IRB-HSR Chair and/or Vice Chair
- IRB-HSR Director and Associate Director



PAM ADVISORY COMMITTEE (IRB-SBS)

The PAM Advisory Committee reviews PAM Reports and is responsible for discussing the PAM Report findings, determining if further action required by the study team, and recommending educational activities for the study team.

- The committee meets on the second Wednesday of each month.

Members:

- IRB-SBS Chair
- IRB-SBS Director
- IRB-SBS Associate Director
- IRB-SBS Community Member
- IRB-SBS PAM Monitor & Educator
- IRB-HSR PAM Director
- Associate VP for Research Operations, Compliance & Policy



POST APPROVAL MONITORING SUMMARY JAN-DEC 2023



IRB-HSR PAM:

- 93 PAM reviews completed
- 67 studies were approved by IRB-HSR Full Committee review
- 15 studies were approved by IRB-HSR Expedited review
- 11 studies were approved by non-UVA IRB of record Full Board



IRB-SBS PAM:

- 34 PAM reviews completed
- 100% compliance with PAM deadlines
- 100% PI attendance at PAM visits
- 24% of studies were rated exceptional by the PAM Advisory Committee
- Created a variety research educational materials to support investigators

REASONS FOR AUDIT SELECTION

- **Random selection**
- **Follow-up of previous audit findings**
- **Requested by IRB staff, IRB Chair, study team or other source**
- **Requested for assistance with FDA or sponsor audit preparation**
- **For cause or complaint from research participant**
- **New CRC or PI assessment**
- **Focus on non-UVA IRB of record or UVA sIRB of multi-site study**



HOW TO PREPARE FOR YOUR PAM AUDIT

- **Provide access to regulatory files** (protocol and consent form versions, IRB assurance forms, advertisements, delegation of authority and training logs, etc)
- **Make sure original signed consent forms for subjects enrolled are available for review** (as well as any screen failures who signed consent)
- **Source documentation will be reviewed to verify adherence to approved protocol:**
 - Medical records
 - Eligibility checklists
 - Study flowsheets or data collection worksheets
 - Subject diaries
 - Study drug or devices accountability logs
 - Questionnaires, pain scales, quality of life assessments, other tools used
 - Recruitment materials

⇒ SIGNED INFORMED CONSENT FORMS – MAKE SURE THERE IS PROPER USE AND DOCUMENTATION OF INFORMED CONSENT

AFTER THE PAM REVIEW

Read the PAM report

- Respond and ask questions if needed
- Carefully read the report and respond to the PAM report in writing with any correction to the content, your comments, clarifications and/or actions to resolve and prevent problems

Common findings

- Informed consent form discrepancies
- Missing documentation of subject eligibility
- Incomplete or no delegation of duties and/or protocol training log
- Subjects enrolled not entered in OnCore (IRB-HSR)
- Data storage inconsistencies



WHAT'S GOING WELL

- **Most audits were completed remotely by review of electronic files**
 - EPIC medical records
 - REDCap database
 - OnCore database
 - Florence ebinders
 - Qualtrics
 - UVA Box
- **PI compliance with monitoring deadlines**
- **Most studies reviewed had only minor deviations noted**
- **Minor deviations were without significant problems or continuing non-compliance**
- **Studies where there were significant problems identified – the PI and study team completed required education and follow-up**

WHAT'S GOING WELL

Educational support to the UVA research community

- **Study teams have utilized the research education and mentoring services provided by the SOM CTU Educators**
- **Educational materials to support study team success**
 - Quarterly Investigator Newsletter
 - Compliance check-up tool for IRB-HSR and IRB-SBS researchers
- **Faculty Advisor resources**
 - [IRB-SBS Guide for Faculty Advisors](#)
 - IRB-SBS Canvas site to support faculty advisors work with student researchers



[Request to be added to the
IRB-SBS Faculty Advisor Canvas
site](#)

COMPLIANCE CHECK-UP

- The Compliance Check-up is an **optional** but important step to confirm you are conducting your study appropriately
- The tool is a Qualtrics survey that will help you evaluate your research to ensure you are compliant with federal regulations and your approved protocol
- The Compliance Check-up will take approximately 30 minutes to complete and includes an opportunity to provide feedback about IRB processes as well



[IRB-HSR Compliance Check-up](#)



[IRB-SBS Compliance Check-up](#)



LOOKING FORWARD

- **Increased collaboration with IRB-SBS and IRB-HSR Post Approval Monitoring & Education programs and with the HRPP overall**
- **Develop educational materials to support the needs of the UVA research community**
- **Continue working with SOM CTU Educators Katie Rea and Amy Smith to develop and expand research education and training opportunities**
- **Increased focus on multi-site studies with an sIRB of record (UVA and non-UVA IRB review)**
- **Focus on AAHRPP Re-Accreditation – IRB-SBS and IRB-HSR PAM & Ed programs are working with both IRBs and other UVA offices to ensure we achieve AAHRPP Re-Accreditation in 2025!**



SUGGESTION BOX



- Share your thoughts on what you like or any feedback for [improvements with us here.](#)
- Your ideas will help us to shape future plans for UVA's Human Research Protection Program.
- Note, for urgent matters, please see [the Compliance Helpline.](#)



QUESTIONS?

PLEASE CONTACT US WITH ANY QUESTIONS OR FEEDBACK!

Jane Lehmbeck, BSN, CCRC, CIP
jff7c@virginia.edu

Stephanie Keister, Ed.D., MS
qda4md@virginia.edu

